

JUNE 3

MONDAY

TIME	CLASS	LOCATION
10 AM	SUN SALUTATIONS YOGA	THE DOME
11 AM	ANGEL CARD READING	GARDEN HOUSE
1 PM	PILATES	THE DOME
2 PM	EXPRESS GRATITUDE ART	GARDEN HOUSE
4 30 PM	YIN YOGA	THE DOME

JUNE 4

TUESDAY

TIME	CLASS	LOCATION
9 AM	CORE YOGA	THE DOME
2 PM	ART OF TRANSFORMATION	GARDEN HOUSE
4 30 PM	WATER AI CHI	COLD POOL
7 PM	EVENING CHILL YOGA	DOMES

JUNE 5

WEDNESDAY

TIME	CLASS	LOCATION
10 AM	SUN SALUTATIONS YOGA	THE DOME
11 30 AM	TAROT INSIGHTS	GARDEN HOUSE
2 PM	ANGEL MESSAGES	ROTUNDA
4 30 PM	HATHA YOGA	DOMES

JUNE 6

THURSDAY

TIME	CLASS	LOCATION
10 AM	FLOW YOGA	THE DOME
11 15 AM	THETA HEALING INTRO	GARDEN HOUSE
2 PM	COLOR THERAPY ART	GARDEN HOUSE
7 PM	CLEARING VIBRATIONS DRUMS	THE DOME

JUNE 7

FRIDAY

TIME	CLASS	LOCATION
10 AM	INTEGRAL YOGA	THE DOME
11 30 AM	ABUNDANT WELL BEING ART	GARDEN HOUSE
1 PM	HAPPY BELLY AYURVEDA	ROTUNDA
3 PM	SAGE WITH INTENT	GARDEN HOUSE
4 30 PM	YOGA PILATES FUSION	THE DOME
8 PM	HARMONIC SOUND BATH	THE DOME

JUNE 8

SATURDAY

TIME	CLASS	LOCATION
10 AM	PILATES	THE DOME
1 PM	SACRED LOTUS ART	GARDEN HOUSE
2 15 PM	YIN YOGA	THE DOME
4 PM	WATER AI CHI	COOL POOL
5 15 PM	WELLNESS WISDOM AYURVEDA	ROTUNDA
8 PM	HEALING VIBRATIONS SOUND BATH	THE DOME

JUNE 9

SUNDAY

TIME	CLASS	LOCATION
10 AM	SUN SALUTATIONS YOGA	THE DOME
11 30 AM	AWAKEN CREATIVITY ART	GARDEN HOUSE
2 PM	TAROT INSIGHTS	ROTUNDA
3 15 PM	CONNECT + MOTHER EARTH	GARDEN HOUSE
8 PM	HEALING VIBRATIONS SOUND BATH	YOGA DOME

*PLEASE ARRIVE 10 MINUTES PRIOR TO CLASS START.

*KINDLY NOTE CLASSES CAN BE JOINED UP TO 10 MINUTES AFTER START TIME.

*ALL CLASSES ARE AVAILABLE AS PRIVATE SESSIONS, FOR INQUIRIES SEE THE SPA.

TWO BUNCH PALMS
ENRICHMENT CLASSES