

MASSAGE

Two Bunch Balancing Massage

60 min

Enter a state of serenity with a holistic massage consisting of long integrative strokes to balance and destress the body. The experience concludes with a gentle face and scalp massage.

Lymphatic Drainage

60 min

Light, rhythmic pressure on specific areas stimulate and improve your lymphatic circulation in order to reduce fluid retention and rid your body of toxins. This massage aims to improve circulation, reduce swelling and promote your body's immune system.

Deep Tissue

60 min

90 min

Treating the deepest layers of your muscles, this massage releases the body from knots and accumulated tension in order to promote oxygen flow, improve range of motion and energize your body.

Custom Massage

60 min

90 min

Treatment begins with a floral foot bath and a one-on-one consultation, after which your massage therapist will combine a variety of methods and techniques to address your body's specific needs.

Add Life Elements CBD Oil to Your Massage

Any Massage

Unlike Hemp Oil, our Life Elements CBD Oil has high levels of phytocannabinoids and high concentrations of CBD. We only use Certified Organic, Broad Spectrum CBD (0.0%THC) & derived from Colorado & Wisconsin whole plant extracts. We do not use "Isolates." In short, this is the real deal.

CLEAN FACIALS

Two Bunch Facial

60 min

All the perks, without the commitment. Purify your skin and remove pollutants with our papaya enzyme and walnut scrub followed by a detoxifying clay mineral mask. Balance your complexion with a light massage. Concludes with citrus and peppermint serum, leaving your skin feeling refreshed and reenergized.

Superfood Facial

60 min

Everything your skin craves, this treatment features our signature cornmeal scrub, clay mask mixed with chaga and ashwagandha as well as serums packed full of essential fatty acids, antioxidants and vitamins to help exfoliate, detoxify and hydrate your skin while promoting collagen production. This treatment includes a 20 minute LED light therapy session to destroy acne causing bacteria, shrink oil glands and treat fine lines and wrinkles. Facial concludes with a rejuvenating serum and face massage.

Good Herb CBD Facial

90 min

Indulge your skin with the added healing properties of CBD. Begin with a CBD elixir to promote internal relaxation, followed by a potent CBD face mask to pull out toxins, minimize inflammation and brighten your complexion. This treatment includes a 20 minute LED light therapy session to destroy acne causing bacteria, shrink oil glands and treat fine lines and wrinkles. Facial concludes with a hydrating CBD serum and face massage.